

## Sewing and Mending Fast Fixes

Sewing and mending harkens back to a time when people were self-sufficient and took care of their possessions. Believe it or not, before fast fashion was the standard, we didn't throw our clothes out after one season. Learning to repair your own clothing or textiles can give you a sense of independence and accomplishment... and help you save some money, too!

How about doing a Fast Fix guide to help users keep their clothing in wearable condition for longer? There are plenty of other items of clothing you can repair, so feel free to propose a sewing/mending fix that you don't see here. Just be sure that your proposed fix isn't already documented on our [site](#). Here are a few ideas to get you started!

### Alterations

- Repair fit problems or alterations (button-down shirt or dress pants)
- Fix a dress that is too small (make a dress larger)
- Repair a neckline that is too big or gapes
- Fix an armhole gape
- Lengthen skirt/dress/shorts/shirt
- Fix sleeves that don't fit (too tight, wrinkles in the crown of the sleeve)
- Repair shoulder droops
- Alter the bodice of a dress with darting

### Embellishments

- Repair trim or other embellishments that have been damaged
- Repair metal hardware damage
- Repair embroidery on clothing
- Repair permanent pleats that have come undone

### Damaged Garments

- Repair collars of coats or jackets
- Repair a damaged waistband
- Fix an elastic waistband that is rolling over
- Replace inner foam in a piece of clothing like a shoulder pad, bra, or other innerwear
- Replace pockets
- Machine darning wool/fabric

### Lining Projects

- Repair damaged lining of a garment
- Repair damaged interlining of a garment